



Delivering the National School Breakfast Programme

## **RUFFORD PRIMARY SCHOOL JOINS THE NATIONAL SCHOOL BREAKFAST PROGRAMME**

### **Pupils to be offered a healthy breakfast at school to ensure they are settled and ready to learn**

*29<sup>th</sup> April 2019:* Rufford Primary School is proud to have signed up to the new National School Breakfast Programme (NSBP), funded by the Department for Education and delivered by the charities Family Action and Magic Breakfast.

The NSBP is supporting schools in disadvantaged areas of England that either had no pre-existing breakfast provision when they applied to the Programme, or breakfast provision with scope for improvement. The Government is making funds available, initially until March 2020, for the Programme to operate in over 1,770 schools - primary, secondary, special schools and pupil referral units (PRUs).

Most eligible schools are receiving free, healthy breakfast food delivered direct to the door, support from a dedicated member of NSBP staff, a detailed resource pack, best practice events, and a £500 start-up grant to buy necessary equipment such as toasters or a freezer.

A healthy breakfast can provide children with the energy and nutrients they need to thrive; increasing alertness, improving behaviour and giving them the motivation to learn. Research, funded by the Education Endowment Foundation and carried out by the Institute for Fiscal Studies, found that Y2 pupils in schools providing a free, nutritious breakfast boosted their reading, writing and maths by an average of 2 months' progress per year, compared to pupils in schools with no such breakfast provision.

Alice Middleton, Headteacher, said: *"We are hopeful to see the benefits very soon of being able to offer everyone a healthy breakfast before lessons, with children being settled and ready to learn in the first classes of the day. We are delighted to have signed up to the National School Breakfast Programme"*.

David Holmes CBE, Chief Executive of Family Action, said: *"Breakfast provision plays a key role in ensuring children have a healthy start to their day. Family Action is delighted to be working with the Department for Education and Magic Breakfast on this ground-breaking programme – changing lives and life chances by preventing thousands of children from being too hungry to learn"*.

Carmel McConnell MBE, Founder of Magic Breakfast, said: *"Magic Breakfast is delighted to work alongside the Department for Education and Family Action to deliver this programme. Crucially it is ensuring a nutritious breakfast reaches many more thousands of hungry schoolchildren, unlocking up to four hours of learning each morning to support their education. This is an excellent investment in these children and in the future of this country"*.

#### **For further information, case studies and interviews please contact:**

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