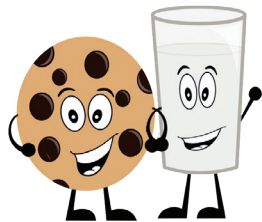




Fresh DINING



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Everyday favourites

Mid-week roast

Take-away day

SAMMY SWEETCORN SAYS...

'Enjoy your lunch'

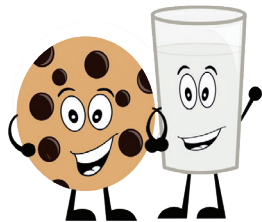


<p>OPTION 1</p> <p>OPTION 2</p> <p>COOK'S CHOICE</p> <p>CARBS</p> <p>PUDDING</p>	<p>Pork Sausages & Gravy</p>	<p>Battered Fish Fillet</p>	<p>Roast Chicken & Gravy or Halal Chicken Fillet</p>	<p>Beef Bolognaise or Halal Chicken Meatballs</p>	<p>Fish Fingers</p>
	<p>Vegan Sausage Gravy v</p>	<p>Tomato Pasta Bake v</p>	<p>Quorn Fillet & Gravy v</p>	<p>Vegetable Goujons v with tomato ketchup v</p>	<p>Cheese & Tomato Pizza v</p>
	<p>Jacket Potato with cheese or Sandwich Selection (cheese/tuna)</p>				
	<p>Mashed or Diced Potatoes</p>	<p>Potato Crunchies Crusty Bread</p>	<p>Roast & Mashed Potatoes</p>	<p>Spaghetti or Potato Wedges</p>	<p>Pasta or Chips</p>
	<p>Mousse</p>	<p>Cookies</p>	<p>Waffle</p>	<p>Toffee Apple Slice</p>	<p>Fruity Friday A selection of chilled, frozen & fresh fruit desserts</p>

ALL SERVED WITH - A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts



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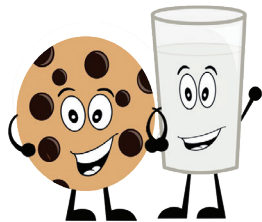


OPTION 1	Pork Hot Dog with tomato ketchup or Halal Chicken Hot Dog	Beef Cottage Pie	Roast Beef Yorkshire Pudding & Gravy or Halal Chicken Fillet	Chicken Tikka Masala	Salmon Fish Finger or Fish Finger
	Quorn Burger with tomato ketchup v	Mac 'n' Cheese v	Quorn Fillet & Gravy v	Vegan Nuggets v with tomato ketchup	Cheese & Tomato Pizza v
OPTION 2	Jacket Potato with Cheese or Sandwich Selection (cheese/tuna)				
COOK'S CHOICE	Jacket Potato with Cheese or Sandwich Selection (cheese/tuna)				
CARBS	Potato Wedges or Pasta	Mashed Potatoes or Crusty Bread	Roast & Mashed Potatoes	Rice or Potato Crunchies	Noodles or Chips
PUDDING	Chocolate Brownie	Muffins	Ice-cream Tub	Waffle	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

ALL SERVED WITH - A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts



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'Enjoy your lunch'



OPTION 1	Mac 'n' Cheese Chicken Bake	BBQ Chicken	Roast Chicken & Gravy or Halal Chicken Fillet	Big Breakfast or Halal Beefburger	Fish Fingers
OPTION 2	Meat (free) Balls in Sweet & Sour Sauce v	Texan Quorn Wrap v	Roasted Quorn Fillet & Gravy v	Veggie Breakfast v	Cheese & Tomato Pizza v
COOK'S CHOICE	Jacket Potato with Cheese or Sandwich Selection (cheese/tuna)				
CARBS	Garlic Bread or Rice	Potato Crunchies or Noodles	Roast & Mashed Potatoes	Potato Wedges or Crusty Bread	Pasta or Chips
PUDDING	Waffles	Chocolate Sponge Chocolate Sauce	Cookies	Apple Puff Slice	Fruity Friday <i>A selection of chilled, frozen & fresh fruit desserts</i>

ALL SERVED WITH - A choice of two vegetables, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts